

CERTIFICATE of ANALYSIS

Brain Optima (60 caps.)

LOT NUMBER: LC246055

EXPIRATION: 08/28

Parameter	Specification	Result
Appearance	Powder of brown colour	Complies
Taste	specific taste	Complies
Odor	None, without foreign odour	Complies
Cadmium	Max. 1,0 mg/kg	<0,10
Mercury	Max. 0,1 mg/kg	<0,01
Lead	Max. 3,0 mg/kg	<0,30
Microbiological Data	Specification	
Coliform bacteria	m 10 KTJ/g	<1x10 ¹
Salmonella	negative/25 g	Absent
Total yeast/mould count	m 10 KTJ/g	<1x10 ¹

The daily dose (1 caps) contains:

Hericium Erinaceus Extract	200 mg
Citicoline	150 mg
Bacopa Monnieri Extract	125 mg
Rhodiola Rosea Extract	100 mg
Pine Bark Extract	50 mg
Zinc	5 mg
Vitamin B6	500 mcg
Vitamin B12	1 mcg

Ingredients:

Hericium Erinaceus Extract, Citicoline, Bacopa Monnieri Extract, vegan capsule shell, Rhodiola Rosea Extract, Pine Bark Extract, Zinc Bisglycinate, Magnesium Stearate, Microcrystalline Cellulose, Vitamin B6, Vitamin B12.

Dosage: 2 capsules daily. The recommended dose should not be exceeded.

Shelf Life: Under dry and odorless conditions, the product can be stored in the original unopened packaging at ambient temperatures (< 25°C) for 3 years without losing quality.

This information is based on our present state of knowledge and is intended to provide general information on our products and their uses. It should not therefore be construed as guaranteeing specific properties of the products described or their suitability for a particular application. Any existing industrial property rights must be observed. The quality of our products is guaranteed under our General Conditions of Sale, and our quality assurance system in accordance with ISO 9001 and GMP.